



*Savor Life.*

Specializing in Pelvic Health • Women's and Men's Health • Manual Therapy • Spine Care • Orthopedics • Sports Medicine  
 6639 Southpoint Pkwy, Ste. 103 • Jacksonville, FL 32216 • P: 904-296-4140 • F: 904-279-0963 • SmartBodyPT.com

### Referral for Physical Therapy Consultation and Plan of Care

\*Please bring with you or submit all new patient paperwork and any pertinent medical records prior to your visit.

Patient forms can be found and printed at SmartBodyPT.com.

Patient Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ Referral Date: \_\_\_\_\_

Phone Number: \_\_\_\_\_ Alternate Phone Number: \_\_\_\_\_ Email: \_\_\_\_\_

Diagnosis: \_\_\_\_\_ ICD-10 Code: \_\_\_\_\_

Specific Instructions / Precautions: \_\_\_\_\_

Surgical Procedure/s: \_\_\_\_\_ Date/s: \_\_\_\_\_

**Pelvic Health:** *Most insurance policies cover Pelvic Health specialty services for men and women.*

- |  |   |  |
|--|---|--|
| <input type="checkbox"/> Abdominal Pain R10.3                    | <input type="checkbox"/> Fecal Incontinence R15             | <input type="checkbox"/> Urinary Incontinence, Stress N39.3        |
| <input type="checkbox"/> Bladder Pain N32.9                      | <input type="checkbox"/> Low Back Pain M54.5                | <input type="checkbox"/> Urinary Incontinence, Unspecified N39.498 |
| <input type="checkbox"/> Coccydynia M53.3                        | <input type="checkbox"/> Pelvic and Perineal Pain R10.2     | <input type="checkbox"/> Urinary Incontinence, Urge N39.41         |
| <input type="checkbox"/> Constipation, Unspecified K59.00        | <input type="checkbox"/> Pelvic Floor Dysfunction           | <small>(use Unspecified UI for Medicare)</small>                   |
| <input type="checkbox"/> Constipation, Outlet Obstruction K59.02 | <input type="checkbox"/> Labral Tear—Hip S76                | <input type="checkbox"/> Urinary Frequency R35                     |
| <input type="checkbox"/> Diastasis Recti M62.08                  | <input type="checkbox"/> Levator Ani Spasm (Anal) K59.4     | <input type="checkbox"/> Urinary Hesitancy R39.11                  |
|  | <input type="checkbox"/> Urinary Incontinence, Mixed N39.46 | <input type="checkbox"/> Sacroiliac Ligament Sprain S33.2          |

**Common Diagnoses:**

- |   |   |   |   |
|---|---|---|---|
| <input type="checkbox"/> Ankle Pain M25.579       | <input type="checkbox"/> Labral Tear—Shoulder S76     | <input type="checkbox"/> Plantar Fascial Fibromatosis M72.2 | <input type="checkbox"/> Post-Op Rehab: _____     |
| <input type="checkbox"/> Cervical/Neck Pain M54.2 | <input type="checkbox"/> Low Back Pain M54.5          | <input type="checkbox"/> Sacroiliac Ligament Sprain S33.2   | _____   |
| <input type="checkbox"/> Gait Abnormality R26     | <input type="checkbox"/> Muscle Weakness M62.81       | <input type="checkbox"/> Sciatica M54.3                     | <input type="checkbox"/> Post-Radiation Treatment |
| <input type="checkbox"/> Hip Pain M25.55          | <input type="checkbox"/> Epicondylitis, Lateral M77.1 | <input type="checkbox"/> Shoulder Impingement M75.4         | Cancer Type: _____                                |
|   | <input type="checkbox"/> Epicondylitis, Medial M77.0  | <input type="checkbox"/> Shoulder Pain M25.519              | _____   |

**Women Only:**

- |   |  |
|---|--|
| <input type="checkbox"/> Dyspareunia N94.1  | <input type="checkbox"/> Stricture of Vagina N89.5 |
| <input type="checkbox"/> Pregnant Z33.1     | <input type="checkbox"/> Vaginismus N94.2          |
| <input type="checkbox"/> Organ Prolapse N81 | <input type="checkbox"/> Vulvodynia N94.81         |

**Men Only:**

- Post-Prostatectomy Z90.79

**Accepted Insurances:**

(Included but not limited to)

- |                                       |               |                       |
|---------------------------------------|---------------|-----------------------|
| AARP                                  | Blue Select   | Medicare              |
| Auto Insurance                        | Cigna         | Railroad Medicare     |
| Beechstreet                           | First Health  | Tricare               |
| Blue Cross Blue Shield / Florida Blue | Humana        | United Healthcare     |
|                                       | Mail Handlers | Worker's Compensation |

Referring Provider's Signature: \_\_\_\_\_

Referring Provider's Name (Printed): \_\_\_\_\_

Referring Office Phone Number: \_\_\_\_\_

Referring Office Fax Number: \_\_\_\_\_

Please refer to reverse side for directions to Smart Body Physical Therapy.



Over a decade of physical therapy excellence in Northeast Florida!

**Top Rehab Services**  
2008—2015



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### General Directions:

*From I-95 South/Downtown:* Take I-95 S to FL-109 N/University Blvd, exit 346A from I-95 S. Turn right onto Spring Park Rd, turn left onto Bowden Rd, then turn right at stoplight onto Southpoint Pkwy. Continue 1/2 a mile to our office on the left hand side of the road, next to Canon.

*From I-95 North/St. Augustine:* Take I-95 N to exit 345 Bowden Rd toward FL-109/University Blvd. Turn right onto Bowden Rd, then turn right at stoplight onto Southpoint Pkwy. Continue 1/2 a mile to our office on the left hand side of the road, next to Canon.

*From the Beaches/Mayo Clinic:* Take Butler Blvd./FL-202 W, turn right on Belfort Rd. Get in left lane immediately and turn left at stoplight onto Southpoint Pkwy (adjacent to St. Vincent's hospital). Continue for 1 mile, our office is located on the right immediately after the Salisbury Rd. traffic light, past the FedEx distribution center, and directly next to Canon.

